

Why Train with ISTDP North?

Expert teaching. Real therapy.
Lasting change.

At ISTDP North, we combine academic rigour, real-world clinical experience and internationally recognised ISTDP training to help you become the clinician you aspire to be.



IEDTA Conference October 2022



TRAINING ROOTED IN EXPERIENCE AND EXCELLENCE

- ✓ Consultant Clinical Psychologists & Consultant Psychiatrist faculty
- ✓ Extensive NHS clinical and teaching experience
- ✓ International IEDTA-certified ISTDP Core Training
- ✓ Research and evidence-informed teaching
- ✓ Attachment-informed approach
- ✓ Small-group supervision and individual feedback
- ✓ Video-based learning and live demonstrations
- ✓ Supportive international learning community



NHS LEADERSHIP

Learn from Consultant Clinical Psychologists and a Consultant Psychiatrist with extensive NHS experience across inpatient, outpatient and community services.



INTERNATIONALLY RECOGNISED

Our faculty are IEDTA-certified, delivering training that meets the highest international standards in ISTDP education and clinical excellence.



RESEARCH & EVIDENCE-INFORMED

We integrate the latest research, attachment theory, neuroscience and ISTDP to help you understand the "why" behind what works.



LEARN FROM REAL THERAPY

Build your skills through video-based supervision, live demonstrations and case discussions that bring theory to life.



BROAD CLINICAL EXPERTISE

Our faculty are trained in multiple therapeutic models, allowing you to integrate ISTDP into a wide and modern clinical lens.



SMALL GROUPS. PERSONAL SUPPORT.

Receive close supervision, individual feedback and mentorship in a supportive environment where you can grow with confidence.



A STRUCTURED PATH TO MASTERY

Our curriculum takes you step-by-step from foundations to advanced clinical practice—building competence that lasts.



A COMMUNITY THAT CONTINUES

Join a global community of clinicians committed to excellence, reflection and lifelong professional development.

“ ISTDP North training has deepened my clinical thinking and given me the confidence to work more effectively and compassionately with complex presentations.

– ISTDP North Trainee



**Build the confidence
to work more effectively with complex patients.**

Deepen your understanding. Strengthen your skills. Make a lasting difference.



BEGIN YOUR JOURNEY TODAY
istdpnorth.com